Allwell Medicare Advantage Plans

Disenrollment Form



If you request disenrollment, you must continue to get all medical care from Allwell until the effective date of disenrollment. Contact us to verify your disenrollment before you seek medical services outside of Allwell's network. We will notify you of your effective date after we get this form from you.

| Last name | First name | | Middle □ Mr. initial □ Mrs. |
|--|--|---|---------------------------------------|
| Medicare number | | | 」 |
| | | | 1 |
| Birth date | Home phone number | | |
| Sex M M D D Y Y Y Y | - | _ | |
| Please carefully read and complete the foll disenrollment form: | lowing information be | fore signing an | d dating this |
| If I have enrolled in another Medicare Advant Medicare will cancel my current membership I understand that I might not be able to enrol am disenrolling from my Medicare prescription coverage in the future, I may have to pay a high | o in Allwell on the effect ll in another plan at this on drug coverage and w | ive date of that s time. I also un ant Medicare p | new enrollment. derstand that if I |
| Signature* | | Today's date | |
| | | M M D D | YYYY |
| *Or the signature of the person authorized to you live. If signed by an authorized individua 1) this person is authorized under State law 2) documentation of this authority is available | al (as described above) to complete this disenr | er the laws of t this signature ollment, and | he State where |
| If you are the authorized representative, you | must sign above and p | ovide the follo | wing information: |
| If you are the authorized representative, you Name | must sign above and p | rovide the follow | wing information: |
| | must sign above and p | rovide the follow | wing information: |
| | must sign above and p | rovide the follow | wing information: |
| Name | must sign above and p | rovide the follow | wing information: |
| Name | must sign above and progressions and progressions and progressions and progressions are sign above and progressions are sign are s | | wing information: |

Typically, you may disenroll from a Medicare Advantage plan only during the annual enrollment period from October 15 through December 7 of each year or during the Medicare Advantage Open Enrollment Period from January 1 through March 31 of each year. There are exceptions that may allow you to disenroll from a Medicare Advantage plan outside of this period.

Please read the following statements carefully, and check the box if the statement applies to you. By checking any of the following boxes, you are certifying that, to the best of your knowledge, you are eligible for an Election Period.

| | I recently had a change in my Medicaid (newly got Medicaid, had a change in level of Medicaid assistance or lost Medicaid) on (insert date). | М | M | D | D | Υ | Υ | Υ | Υ |
|---|--|---|---|---|---|---|---|---|---|
| | I recently had a change in my Extra Help paying for Medicare prescription drug coverage (newly got Extra Help, had a change in the level of Extra Help or lost Extra Help) on (insert date). | M | M | D | D | Υ | Υ | Υ | Υ |
| | I have both Medicare and Medicaid (or my State helps pay for my Medicare premiums) or I get Extra Help paying for Medicare prescription drug coverage, but I haven't had a change. | | | | | | | | |
| П | I am moving into, live in, or recently moved out of a Long-Term | | _ | | | | | | |
| ш | Care Facility (for example, a nursing home or long-term care | | | | | | | | |
| | facility). I moved/will move into/out of the facility on (insert date). | М | М | D | D | Υ | Υ | Υ | Υ |
| | I am joining a PACE program on (insert date). | | | | | | | | |
| | | М | M | D | D | Υ | Υ | Υ | Υ |
| | I am joining employer or union coverage on (insert date). | | | | | | | | |
| | | М | M | D | D | Υ | Υ | Υ | Υ |
| _ | Luce envelled in a plan by Madiague (or my state) | | | | | | | | |
| Ш | I was enrolled in a plan by Medicare (or my state), and I want to choose a different plan. My enrollment in that plan started on | | | | | | | | |
| | (insert date). | М | М | D | D | Υ | Υ | Υ | Υ |

If none of these statements applies to you or you're not sure, please contact your local health plan at one of the phone numbers listed on the following page to see if you are eligible to disenroll. We are open from October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends and on federal holidays.

Allwell is contracted with Medicare for HMO, HMO SNP and PPO plans, and with some state Medicaid programs. Enrollment in Allwell depends on contract renewal.

Allwell complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Allwell does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Allwell:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact Allwell's Member Services telephone number listed for your state on the Member Services Telephone Numbers by State Chart. From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

If you believe that Allwell has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by calling the number in the chart below and telling them you need help filing a grievance; Allwell's Member Services is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019 (TTY: 1-800-537-7697).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Member Services Telephone Numbers by State Chart

| State | Telephone Number and Plan Type |
|----------------|---|
| Arizona | 1-800-977-7522/1-877-935-8020 (HMO and HMO SNP) (TTY: 711) |
| Arkansas | 1-855-565-9518 (HMO) (TTY: 711) |
| Florida | 1-844-293-2636 (HMO); 1-877-935-8022 (HMO SNP) (TTY: 711) |
| Georgia | 1-844-890-2326 (HMO); 1-877-725-7748 (HMO SNP) (TTY: 711) |
| Illinois | 1-855-766-1736 (HMO) (TTY: 711) |
| Indiana | 1-855-766-1541 (HMO and PPO); 1-833-202-4704 (HMO SNP) (TTY: 711) |
| Kansas | 1-855-565-9519 (HMO); 1-833-402-6707 (HMO SNP) (TTY: 711) |
| Louisiana | 1-855-766-1572 (HMO) (TTY: 711) |
| Mississippi | 1-844-786-7711 (HMO); 1-833-260-4124 (HMO SNP) (TTY: 711) |
| Missouri | 1-855-766-1452 (HMO); 1-833-298-3361 (HMO SNP) (TTY: 711) |
| New Mexico | 1-844-810-7965 (HMO SNP) (TTY: 711) |
| Ohio | 1-855-766-1851 (HMO); 1-866-389-7690 (HMO SNP) (TTY: 711) |
| Pennsylvania | 1-855-766-1456 (HMO); 1-866-330-9368 (HMO SNP) (TTY: 711) |
| South Carolina | 1-855-766-1497 (HMO and HMO SNP) (TTY: 711) |
| Texas | 1-844-796-6811 (HMO); 1-877-935-8023 (HMO SNP) (TTY: 711) |
| Wisconsin | 1-877-935-8024 (HMO SNP) (TTY: 711) |

ENGLISH: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call the Member Services number listed for your state in the Member Services Telephone Number Chart.

SPANISH: ATENCIÓN: Si habla español, hay servicios de asistencia de idiomas disponibles para usted sin cargo. Llame al número del Departamento de Servicios al Afiliado que se enumera para su estado en la Ficha de Números de Teléfono del Departamento de Servicios al Afiliado.

VIETNAMESE: **LƯU Ý:** Nếu quý vị nói tiếng Việt, chúng tôi có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Xin vui lòng gọi số điện thoại phục vụ hội viên dành cho tiểu bang của quý vị trong Bảng số điện thoại dịch vụ hội viên.

CHINESE: **請注意**:如果您使用中文,您可以免費獲得語言援助服務。請撥會員服務部電話號碼表所列的您所在州的會員服務部號碼。

FRENCH CREOLE (HAITIAN CREOLE): ATANSYON: Si w pale kreyòl ayisyen, ou ka resevwa sèvis gratis ki la pou ede w nan lang pa w. Rele nimewo sèvis manm pou eta kote w rete a. W ap jwenn li nan tablo nimewo telefòn sèvis manm yo.

ARABIC:

تنبيه: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية المجانية مُتاحة لك. اتصل برقم خدمات الأعضاء المُدرج في لائحة رقم هاتف خدمات الأعضاء الخاص بالولاية المقيم فيها.

FRENCH: ATTENTION : Si vous parlez français, un service d'aide linguistique vous est proposé gratuitement. Veuillez appeler le numéro de téléphone du Service aux membres spécifique à votre État qui se trouve dans le tableau de numéros de téléphone du Service aux membres.

RUSSIAN: **ВНИМАНИЕ!** Если Вы говорите на русском языке, мы можем предложить Вам бесплатные услуги переводчика. Позвоните в Отдел обслуживания участников по указанному для Вашего штата номеру в телефонном справочнике Отдела обслуживания участников

GERMAN: ACHTUNG: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie bitte die für Ihren Bundesstaat zuständige Rufnummer des Mitgliederkundendiensts an, die im Telefonverzeichnis des Mitgliederkundendiensts angegeben ist.

TAGALOG: PAUNAWA: Kung nagsasalita ka ng Tagalog, may makukuha ka na mga libreng serbisyong pantulong sa wika. Tawagan ang numero ng Mga Serbisyo ng Miyembro na nakalista para sa iyong estado sa Tsart ng Numero ng mga Serbisyo ng Miyembro.

PORTUGUESE: ATENÇÃO: Se falar português, estão disponíveis, gratuitamente, serviços de assistência linguística. Ligue para o número dos Serviços aos Membros indicado para o seu estado na Tabela de números de telefone destes serviços.

PENNSYLVANIAN DUTCH: Geb Acht: Wann du Deitsch schwetze kannscht, un Hilf in dei eegni Schprooch brauchst, kannscht du es Koschdefrei griege. Ruf die Glieder Nummer von dei Staat, ass iss uff die Lischt an die Glieder Hilf Telefon Nummer Kaart.

GUJARATI: સાવધાન: જો તમે ગુજરાતી બોલતા હો તો, ભાષા સહાય સેવાઓ, નિઃશુલ્ક, તમારા માટે ઉપલબ્ધ છે. સભ્ય સેવા ટેલિશોન નંબર યાર્ટમાં તમારા રાજ્ય માટે સ્યબિદ્ધ સભ્ય સેવાઓ નંબર પર કૉલ કરો.

JAPANESE: **注意事項**:日本語を話される場合、無料の言語支援サービスをご利用いただけます。メンバーサービス電話番号チャートに記載されているお住まいの州のメンバーサービスまでお電話ください。

ITALIAN: ATTENZIONE: se parla italiano, sono disponibili per Lei servizi di assistenza linguistica gratuiti. Consulti la Tabella dei Numeri Telefonici dei Servizi per i Membri e chiami il numero dei Servizi per i Membri del Suo stato.

MARSHALLESE: LALE: Ñe kwōj kōnono Kajin Majōl, kwomaroñ bōk jerbal in jipañ ilo kajin eo am ilo ejjelok wōṇāān ñan kwe. Kallok nōmba in telpon in Jerbal in Jipañ ñan ro Uwaan eo ej jeje ñan state eo am ilo Jaat in Nōmba in Telpon in Jerbal in Jipañ ñan ro Uwaan.

LAOTIAN: ເອາໃຈໃສ: ່ຖາ້ທາ່ນເວາພາສາລາວ, ຈະມບີລໍກິານຊວ່ຍເຫຼືອດາ້ນພາສາໄວຄ້ອຍຖາ້ບລໍກິານທາ່ນ ໂດຍບເສຍຄາ່. ກະລຸນາໂທຫາເລກໝາຍບລໍກິານສະມາຊຸກິທລືະບໄວໃນລັດຂອງທາ່ນໃນແຜນພູມເລກໝາຍໂທລະສັ ບບລໍກິານສະມາຊຸກິ.

HMONG: CEEV FAJ: Yog koj hais lus Hmoob, muaj kev pab txhais lus pub dawb rau koj. Hu rau tus xov tooj ntawm Lub Chaw Pab Cuam Tswv Cuab ntawm koj lub xeev ntawm Tus Xov Tooj Ntawm Lub Chaw Pab Cuam Tswv Cuab Hauv Daim Ntawv No.

KOREAN: 알림사항: 귀하가 한국어를 사용하시는 경우, 무료 언어 지원 서비스를 받으실 수 있습니다. 가입자 서비스 전화번호 표에 있는 귀하의 주 가입자 서비스 안내번호로 전화하십시오.

HINDI: ध्यान दें: यद आप हिन्दी भाषी हैं, तो आपके लिए, भाषा सहायता सेवाएं, मुफ्त में, उपलब्ध हैं। सदस्य सेवा टेलीफोन नंबर चार्ट में अपने राज्य के लिए सूचीबद्ध सदस्य सेवा नंबर पर कॉल करें।

POLISH: UWAGA: Jeśli mówisz po polsku, możesz skorzystać z bezpłatnych usług tłumaczeniowych. Zadzwoń pod numer działu obsługi klienta odpowiedni dla twojego stanu, dostępny w Wypisie numerów telefonu działu obsługi klienta.

THAI: โปรดทราบ: หากคุณพูดภาษาไทย คุณสามารถขอรับบริการช่วยเหลือด้านภาษาโดยไม่เสียค่าใช้จ่าย โทรไปยัง หมายเลขบริการสมาชิกที่ระบุไว้ในรัฐของคุณในแผนภูมิหมายเลขโทรศัพท์สำหรับบริการสมาชิก

AMHARIC: ማሳሰቢያ: አማርኛ የሚያወሩ ከሆነ፣የቋንቋ እንዛ አንልግሎቶች ያለክፍያ አለልዎት፡፡ በ አባላት አንልግሎት የስልክ ቻርት ላይ ባለው በአባላት አንልግሎት ቁጥር ይደውሉ፡፡

PERSIAN:

توجه: اگر به زبان فارسی صحبت می کنید، خدمات امداد زبانی به طور رایگان در اختیار شما می باشند. با شماره تلفن خدمات عضا برای ایالت خود که در جدول شماره تلفن های خدمات اعضا ذکر شده تماس بگیرید.

BURMESE: သတိပုရြန်း ဗမာစကားပြောလျှင်၊ သင့်အတွက် ဘာသာစကားအကူအညီ ဝန်ဆဓာင်မှများ အခမဲ့ ရနိုင်ပါသည်။ အဖွဲ့ဝင်ဝန်ဆဓာင်မှများ တယ်လီဖုန်းနံပါတ်ဇယားထဲ၌ သင့်ပြည်နယ်အတွက် စာရင်းသွင်းထားသည့် အဖွဲ့ဝင်ဝန်ဆဓာင်မှများနံပါတ်ကို ဖုန်းခေါ်ပါ။

DUTCH: GRAAG UW AANDACHT: Indien u Nederlands spreekt, zijn taaldiensten gratis voor u beschikbaar. Gelieve de Ledendienstennummer vermeld voor uw staat in de Ledendiensten Telefoonnummer Tabel op te bellen.

PUNJABI: ਧਿਆਨ ਦੇਵੋ: ਜੇਕਰ ਤੁਸੀ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਬਨਿਾ ਕਿਸੇ ਮੁੱਲ ਦੇ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਉਪਲੱਬਧ ਹਨ। ਮੈਬਰ ਸੇਵਾਵਾਂ ਦੇ ਟੈਲੀਫੋਨ ਨੰਬਰ ਚਾਰਟ ਵੀਂਚ ਤੁਹਾਡੀ ਸਟੇਟ ਦੇ ਲਈ ਦੀਂਤੇ ਗਏ ਮੈਬਰ ਸੇਵਾਵਾਂ ਦੇ ਨੰਬਰ ਉੱਤੇ ਫੋਨ ਕਰੋ।

SWAHILI: TAHADHARI: Kama unazungumza Kiswahili, huduma ya msaada wa lugha, bure, zinapatikana kwa ajili yako. Piga Nambari ya Huduma ya Mwanachama iliyoorodheshwa ya jimbo lako kwenye hiyo Chati ya Nambari za Simu za Huduma ya Mwanachama.

URDU:

SERBOCROATIAN: NAPOMENA: Ako govorite hrvatski jezik, dostupne su vam besplatne usluge podrške na vašem jeziku. Pozovite broj za usluge podrške za države članice naveden u tablici telefonskih brojeva za usluge podrške u državama članicama.

CUSHITE:

تنبيه: إذا كنت تتحدث الكوشية، فإن خدمات المساعدة اللغوية المجانية متاحة لك. يُرجى الاتصال برقم خدمات الأعضاء المدرج لو لايتك في جدول أرقام هو اتف خدمات الأعضاء.

CHOCTAW: **Pisa:** Chahta anumpa ish anumpuli hokma, anumpa tosholi yvt peh pilla chia pela hinla. Tvli aianumpuli holhtena yvt holisso takanli ma chi state ibaiachvffa i toksvli ya i paya.

UKRAINIAN: **УВАГА!** Якщо Ви говорите українською, ми можемо запропонувати Вам безкоштовні послуги перекладача. Зателефонуйте до відділу обслуговування учасників за номером, зазначеним для Вашого штату в таблиці телефонних номерів відділів обслуговування учасників.

ROMANIAN: **ATENȚIE**: Dacă vorbiți românește, vă stau la dispoziție servicii gratuite de asistență lingvistică. Sunați numărul departamentului de servicii pentru membri aparținând statului dumneavoastră care se găsește în tabelul cu numere de telefon ale departamentelor de servicii pentru membri.

MON-KHMER, CAMBODIAN: ចំណាប់អារម្មមណ៍៖ បីសិនអុនកនិយាយភាសាខ្មព៍ សជាជំនួយភាសាដាយឥតគិតថ្មល់ គឺមានសំរាប់អុនក។ ទូរស័ព្ទទៅលខេសជាសមាជិក ដលែមានកត់សំរាប់រដ្ឋបរបស់អនក កូនុងតារាងលខេទូរស័ព្ទទសវោសមាជិក។

ALBANIAN: VINI RE: Në rast se flisni shqip, do të keni falas në dispozicionin tuaj shërbimet e ndihmës gjuhësore. Merrni në telefon numrin e Shërbimeve për Anëtarin të shtetit tuaj që do ta gjeni në Listën e Numeratorit Telefonik të Shërbimeve për Anëtarin.

NAVAJO: BAA' ÁKONÍNÍZIN: Bilagáana bizaad bee yániłti'go, saad bee aka'e'eyeed bee aka'aná'awo'í, t'áá jiik'eh bee ná'ahoot'i' dooleeł. Hoyahgo Báhada'dít'éhígíí Bee Bika'anída'awo' Béésh Bee Hane'í Naaltsoos Dabiká'ígíí biyi' nitsaago nił hahoodzooígíí biyi' Báhada'dít'éhígíí Bee Aka'anída'awo' bibéésh bee hane'í biká'ígíí bee hodíilnih.

SYRIAC:

ﻪﺳﻪﺗﻪﺭ ﺑﻰ ﺑﯧﺸﻔﻪﻝ ﺣﺨﺴﺤﻪﻫﻪﻝ ﺗﺼﻪﯞﻩ، ﺗﺒﻨﺪﻫﻪ ﻣﺠﻮﺗﻴﻨﻨﻨﻪ ﺩﻟﻐﻨﺪ، ﺗﺒﮑﻨﺪﻩ, ﺑﺒﮑﺖ ﻋﺪﻳﻨﺪﻩ ﮔﺮﻟﻪﺟﻪﻝ ﻣﺪﻩﻝ ﺑﮑﻚ ﺗﻴﺘﻨﺪ ﺩﺗﺒﯘﺗﺨﺪ ﺩﺟﻮﺗﻴﻨﻨﻨﺪ ﺩﺗﺪﺑﺘﻨﻪﻧﺠﻪﻝ ﺩﺩﺑﮑﺒﻪ ﺣﺒﻨﺒﺪ ﺗﺨﻮﺩ ﺩﺣﺒﺒﺪ ﺗﻴﻨﻨﺪ ﺩﭘﮑﺒﻪﻝ ﺩﺟﻮﺗﻴﻨﻨﻨﺪ

GREEK: ΠΡΟΣΟΧΗ: Εάν μιλάτε ελληνικά, διατίθενται για εσάς δωρεάν υπηρεσίες γλωσσικής βοήθειας. Καλέστε την Υπηρεσία Εξυπηρέτησης Μελών στον αριθμό που αναγράφεται για την πολιτεία σας στον Πίνακα Τηλεφώνων Εξυπηρέτησης Μελών.

Allwell is contracted with Medicare for HMO, HMO SNP and PPO plans, and with some state Medicaid programs. Enrollment in Allwell depends on contract renewal.

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